

## General Discussion Questions on Mental Illness

How does the mental illness of a character shape their relationships with others?

How reliable is the narrator or the perspective of a character experiencing mental illness?

What internal and external conflicts arise because of the character's mental health struggles?

Does the character's mental illness lead to empathy or alienation from readers? Why?

What are the implications of romanticizing or sensationalizing mental illness?

How does the stigma around mental illness manifest in literature? Does the story challenge or reinforce this stigma?

What impact does mental illness have on relationships between characters in the story?