

Essay Prompts on Mental Illness

Analyze the role of unreliable narrators suffering from mental illness in shaping the reader's perception of reality.

How does literature challenge societal stigma around mental illness through the characterization of protagonists or secondary characters?

Discuss the impact of mental illness on family dynamics.

Explore how mental illness is used as a metaphor in literature.

What deeper societal or existential themes do authors highlight through these metaphors?