

General Discussion Questions on Depression

How do societal, cultural, and familial factors contribute to a character's depression in literature?

How does depression affect a character's relationships, work, and social interactions?

What strategies or coping mechanisms do characters employ to manage depression? Are they effective?

Are there characters whose depression is romanticized or dramatized in ways that might be harmful or misleading?

How does literature highlight the isolation or alienation experienced by individuals with depression?