

Homes, A.M.: \*1961

## This Book Will Save Your Life, 2006 – Characters

**Richard Novak** – The main protagonist, a wealthy day trader living in isolation in the Hollywood Hills.

**Anhil** – The friendly owner of a donut shop.

**Sylvia Rayburn** – Richard's demanding nutritionist.

**Crisman** – Richard's eccentric personal trainer.

**Benjie** – Richard's estranged teenage son.

**Patti** – Richard's ex-wife and Benjie's mother.

**Vernon** – Richard's younger brother.

**Liz Kroft** – A lonely woman Richard meets crying in a grocery store and befriends.

**Shalmor** – Richard's wealthy movie star neighbor.

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